

# **Expert Panel Meeting**

» Oregon Nicotine Treatment and Recovery:

October 11, 2023

# » Introductions

- Name
- Pronouns (optional)
- Organization
- Icebreaker question (optional): It's soup season what's your favorite?



# » NiTR Expert Panel Agenda: 10.11.2022

Topic	How	Lead	Time
Welcome/ Introductions	Everyone shares their name, pronouns, and organization, optional icebreaker question	Audra	12:00-12:10
2022-23 report	2022-23 SoW - Our year in review	EP	12:10-12:25
2023-24 project plan	Discuss project plan	Audra	12:25-1:15
Wrap Up	Next steps, closing and thank you	Jill	1:15-1:30

### 2022-23: Our year in review

#### Oregon Community Mental Health Program Interviews

 Interviewed 3 programs, focusing on institutional policies, systems, practices, and needs for diagnosing & treating nicotine addiction (Nov 2021)

#### Nicotine Treatment Work Done in Other States

 Interviewed 9 agencies in other states who have strong programs to address nicotine dependence in behavioral health populations

#### 2022-23: Our year in review

#### **Direct Service Staff Focus Groups**

 Conducted two rounds of focus groups with direct service staff working in inpatient/outpatient substance use disorder facilities

#### Outpatient Substance Use Dependence Treatment Facility Survey

 Conducted survey of current policies and practices for supporting nicotine treatment and recovery in outpatient SUD treatment facilities

### 2022-23: Our year in review

#### Training: Treating nicotine dependence in BH populations

 48 SUD direct service staff attended training with Dr. Jill Williams, each participant earned 6 CE credits

#### High level

- 1. Develop and submit a detailed project plan and timeline. Project work to begin after project plan approval from HPCDP.
- 2. Continue logistical support and facilitation of the (Oregon) Behavioral Health and Nicotine Recovery (NiTR) Expert Panel. Expand the Panel as necessary to meet the needs of the project.
- 3. Provide technical assistance (TA) to LPHAs to support implementation of OHA Program Element 13, 1.d. & 4.c. and Ballot Measure 108 Community-based Organizations working to diagnose and treat nicotine dependence.
- 4. Facilitate, provide, monitor, and evaluate training opportunities for knowledge and skill building in nicotine diagnosis and treatment for HPCDP grantees including:
- 5. Collect and curate TA and training tools for behavioral health providers and Tobacco Prevention and Education Program and Ballot Measure 108 community grantees to aid in their work decreasing commercial tobacco use among populations with behavioral health conditions.
- 6. Continue assessments with SUD and MH providers to identify gaps and needs related to policy and practice in commercial tobacco free facilities and nicotine addiction diagnosis and treatment (includes stipends/incentives)
- 7. Collaborate with NiTR Expert Panel to develop methods for increasing adherence to commercial tobacco free SUD and MH facilities policies across Oregon.
- 8. Collaborate, coordinate with health communications team, contractors, and partners on SUD and BH health communications and recovery strategies and activities.
- 9. Pay stipends to NiTR Expert Panel.

**1.** Develop and submit a detailed project plan and timeline. Project work to begin after project plan approval from HPCDP.

**2.** Continue logistical support and facilitation of the Oregon NiTR Expert Panel. Expand the Panel as necessary to meet the needs of the project.

Create recruitment plan and implement, and general Expert Panel meeting activities

**3.** Provide TA to LPHAs to support implementation of OHA Program Element 13, 1.d. & 4.c. and Ballot Measure 108 Community-based Organizations working to diagnose and treat nicotine dependence.

 Conduct a TA needs assessment, plan TA from assessment findings, including help LPHAs with offering CE credits for providers

**4.** Facilitate, provide, monitor, and evaluate training opportunities for knowledge and skill building in nicotine diagnosis and treatment for HPCDP grantees.

 Identifying training options; Hold trainings (virtual and/or in-person) or paying for TTS training

**5.** Collect and curate TA and training tools for BH providers, Tobacco Prevention & Education Program, and Ballot Measure 108 community grantees to aid in their work decreasing commercial tobacco use among populations with BH conditions.

- **5a:** Develop/research/promote resources and online resource databases
- **5b:** Develop/implement plans for practitioner & client education, ie. provider CE opportunities
- 5c: Assess/develop practice models that align tobacco use recovery with SUD treatment methodologies; including celebrating milestones
- 5d: Utilizing the Billing Guide, promote treatment options in addition to OR Tobacco Quit Line
- **5e:** Develop/promote messaging for professionals working in SUD settings to support nicotine addiction, diagnosis, treatment, and recovery

6. Continue assessments with SUD and MH providers to identify gaps & needs related to policy & practice in commercial tobacco free facilities and nicotine addiction diagnosis and treatment (includes stipends/incentives).

Conduct secondary SUD treatment facility survey

7. Collaborate with NiTR Expert Panel to develop methods for increasing adherence to commercial tobacco free SUD and MH facilities policies across Oregon.

 Develop/distribute messaging for facilities (pamphlets, checklists, presentation opportunities etc.) that clarify state policy & promote strong voluntary policies

#### Visual calendar of activities

SEP '23	OCT '23	NOV '23	DEC '23	JAN '24	FEB '24	MAR '24	APR '24	MAY '24	JUN '24			
#1 Plan finalize	#2: recruitment & EP Panel meeting management											
	#3: TA needs a			#4: prep and conduct trainings								
	#5a: development of resources and online resource database, resource promotion								omotion			
	#5b and #5e: educational messaging development											
	#5b: TA TPEP Coords w/ Provider CEs											
	#5c: assessment & development of practice models for nicotine recovery											
	#5d: promote k	billing guide		#6: second Outpatient SUD Tx Facility Survey								
	#7: develop & distribute messaging/promotion for increasing adherence to TF SUD/MH facilities								ilities			
#8: collaboration and #9: stipend												

# **Expert Panel Participation**

- What stands out/what interests you?
- Expert Panel involvement and collaboration



# First activities of new work plan

#### Recruiting new EP members

#### Activity from #2:

Create recruitment plan and implement, and general Expert Panel meeting activities

Specific focus on:

- People with lived experience
- People working in childcare in inpatient setting
- Youth representation
- Community based organizations receiving Ballot Measure 108 funding
- Behavioral Health agencies/professionals from Coordinated Care Organizations

# First activities of new work plan

#### Billing Guide dissemination

#### Activity from #5d:

- Send Billing Guide to EP to share with networks
- Post on Rede website
- Research other places to share
- Look out for emails from Rede regarding dissemination needs

# First activities of new work plan

Technical Assistance & Education/Messaging for BH professionals

#### Activity from #3:

Conduct a TA needs assessment, plan TA from assessment findings, including help LPHAs with offering CE credits for providers

#### Activities from #5b and 5e:

Start research to develop and promote messaging and education for professionals working in SUD settings to support nicotine addiction, diagnosis, treatment, and recovery

#### » Other next steps

- Finalize reporting for 2022-23
- Updating NiTR space on Rede website
- Reminder: Stipends