» Oregon Nicotine Treatment and Recovery:

# Expert Panel Meeting



#### » Introductions

- Name
- Pronouns (optional)
- Organization
- Icebreaker question (optional):



# » NiTR Expert Panel Agenda: 7.12.2023

Topic	How	Lead	Time
Welcome/ Introductions	Everyone shares their name, pronouns, and organization, optional icebreaker question	Audra	12:00-12:15
Updates	Rede team share updates on current activities	Beck	12:15-12:20
OHA Contract	Review new scope of work	Elizabeth	12:20-12:50
Expert Panel	Check in on expert panel membership	Elizabeth	12:50-1:10
Billing guide	Review updates and ask questions	Beck	1:10-1:20
Wrap Up	Review next steps	Beck	1:20-1:30

## » Current happenings

- Compiling assessment documents from this past year's work
- Writing report for DSS focus groups
- Planning for this year's work

### » 2023-2024 Scope of Work

- Provide TA and training resources to increase nicotine dependence treatment among populations with behavioral health conditions, including:
  - Address cultural beliefs around nicotine dependence treatment among populations with SUD or MH disorders;
  - Develop and implement plans for educating practitioners and clients that people with SUD or MH disorders can quit/reduce tobacco use;
  - Develop practice models that align tobacco use cessation with SUD treatment methodologies; including celebrating milestones
  - Identify and promote treatment options in addition to the Oregon Tobacco Quit Line
  - Refine messages for professionals working in SUD settings to support nicotine dependence, diagnosis, treatment, and recovery.

### » 2023-2024 Scope of Work

- 2. Support compliance with commercial tobacco free BH facility policies across Oregon.
- 3. Continue to assess BH providers to identify gaps and needs related to policy and practice in commercial tobacco free facilities and nicotine addiction diagnosis and treatment.
- 4. Provide TA and training to Local Public Health Authorities & Community Based Organizations to support the implementation of new body of work of diagnosing and treating nicotine dependence.
- 6. Continue facilitation of the NiTR Expert Panel and expand the Panel as necessary to meet the needs of the project.



# Zooming in on #1...

Provide TA and training resources to increase nicotine dependence treatment among populations with behavioral health conditions, including:

- Address cultural beliefs around nicotine dependence treatment among populations with SUD or MH disorders;
- Develop and implement plans for educating practitioners and clients that people with BH conditions can quit/reduce tobacco use;
- Develop practice models that align tobacco use cessation with SUD treatment methodologies, including celebrating milestones;
- Identify and promote treatment options in addition to the Oregon Tobacco Quit Line;
- Refine messages for professionals working in SUD settings to support nicotine dependence, diagnosis, treatment, and recovery.

What does this mean?

What does this look like? What does it look like for BH?

How would we know we have successfully done this?

### » Billing guide updates

#### **Coverage for Minors:**

NRT is not currently approved for use in people under the age of 18, though providers can opt to prescribe NRT to minors for off-label use. In Oregon, Medicaid must cover any medically necessary services for patients under the age of 21, including tobacco and nicotine services. The codes for minors receiving tobacco or nicotine cessation services are the same as the codes for adults receiving the same services. In Oregon, minors aged 15 and older can consent to treatment, including tobacco and nicotine cessation treatment, without parental consent. The <u>Oregon Quit Line</u> has confidential, youth-specific resources.

#### » Next steps

- Create detailed project plan for this year's SoW
- Invite new expert panel members
- Complete report on direct services staff focus groups
- Review data collected thus far with you all and identify recommendations for system changes