

»Oregon Nicotine Treatment

Expert Panel Meeting Notes

February 14, 2023

Attendees

Rede

Elizabeth

Audra

Eric Vinson - NW Portland Area Indian Health Board

Cassy Schroeder - OHA HPCDP

Thais Kelly - Cascadia Health

Greyson Buen - 4 Dimension Recovery

Jasmine Gerraty - Tri-county Tob Cessation

Jenny Manzanares - MHAAO

Michelle Adams - Deschutes Co BH

Reina Bower - MHAAO

Expert Panel

Agenda

- Feedback on fliers for upcoming project work - Tobacco Treatment Specialist trainings and SUD Facility survey
- TTS training recruitment - how to create investment/accountability of trainees
- Discuss how we can use web search about Nicotine Recovery programs

Notes

- SUD facility survey flier (Expert Panel review prior to Rede designer edits it)
 - Include who should take it
 - Include more about it being brief - “take this brief/short survey”
 - Connect with OHA BH and [Oregon ECHO](#) to promote survey
 - Need to establish an analysis plan for if there is more than one response from the same facility
 - In email body from Rede, make it clear it is not phishing - add the Rede website so people can look before opening the flier attachment
 - Specify that we are looking for responses for specific facilities (i.e., under one roof) vs. at the organizational level
- TTS training flier (Expert Panel review prior to Rede designer edits it)

- Sentence is cut off on the second bullet of facts along the left side
- Add a link to Rocky Mountain TTS program
- TTS training recruitment - increasing investment
 - Institutional support - a letter from their supervisor or something? (multiple thumbs up for this)
 - Communicate that it is a National Association for Alcoholism and Drug Abuse Counselors (NAADAC) - approved training
 - Consider in future planning - certification upkeep opportunities (CEU-type business) as a motivator to recruit
 - MHACBO might have some input
 - Next steps/long term value for participants
 - Retention plan
 - Might be hard to get people to come to follow-up meetings (do a learning community) - it's already a lot of time to take off of work that people don't have capacity for
 - Potentially use an online forum or something similar so that people can participate
 - ECHO - peer support learning groups - addiction specialist, primary care, peer support specialist... people from different faculty levels and people can ask questions.
 - Case-based learning / active learning community
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- Programs that utilize SUD/MH approaches for milestone/recovery programs to treat nicotine addiction and support recovery
 - Toolkit shared by Eric:
 - https://smokingcessationleadership.ucsf.edu/sites/smokingcessationleadership.ucsf.edu/files/Downloads/Toolkits/CTFR_Toolkit_FINAL_May262022.pdf
 - "Assist" part of 5 As is the part to elaborate more on - find someone who knows what I am going through and get support from them.
 - Even if we are duplicating information that's already out there, this population might not have already seen it so duplication is never bad.
 - SmokeFree Oregon and NicA, RNO (Recovery Network Oregon) App are good resources.
 - Would be nice to have a cohesive list of treatment options.
 - Making info more easily available is great, but the hangup for us ends up being the Assist, as others shared- people want tangible help/resources to provide to their clients

Action Items

- Update email to send with SUD survey flier (incorporating input from Expert Panel)
- Fix TTS training flier and finalize plans for accountability
- Recruit for TTS training and SUD survey
- Create plans for TA around “assist” part of the 5As