

# »Oregon Nicotine Treatment

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## Expert Panel Meeting Notes

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April/10/2024

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### Attendees

#### Rede

Lauren

Audra

#### Expert Panel

Greyson Buen

Michelle Adams

Margaret McNamara

Jenny Manzanares

Sari Hargand

Eric Vinson

Thais Kelly

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### Agenda

1. Updates on current projects
  - a. TTS training status
  - b. SUD Treatment facility survey
  - c. May training series for HPCDP grantees
  - d. The National Center of Excellence for Tobacco Free Recovery (CoE-TFR)  
Cross-State Leadership Academy
2. Discussion: Creating proposed deliverables for OHA

### Notes

#### SUD Treatment facility survey

- Rede can provide support materials if requested by an organization in the survey
  - Rede is not providing NRT
- Is there a particular person within an organization who would be best to have filled out the survey?
  - Someone who is familiar with their organization policies

#### TTS training

- Of the 40 applications, 20 were eligible (aka completed applications), 15 were selected according to selection prioritization and application

## The National Center of Excellence for Tobacco Free Recovery (CoE-TFR) Cross-State Leadership Academy for Tobacco-Free Recovery

- This is a 4 state cohort
- Focus is on tobacco cessation in behavioral health, will provide OHA opportunities to connect the Health Promotion and Chronic Disease Prevention office (where much of the tobacco cessation and policy work lives) with the Behavioral Health division
- Tasks for this project will appear in the deliverables in the contract between Rede and OHA and this expert panel group will play a valuable role in providing insights for it

### Drafting Proposed Contract Deliverables for next Rede/OHA project

The project will continue to include and have focus on tobacco cessation in BH, there will be other project deliverables that are just related to tobacco cessation in general, for this meeting's discussion, what are some things that should be a focus re: tobacco cessation in BH? - contract timeframe 18 months.

- Offer stipends for HPCDP Grantees, and possibly also peer support specialists in BH settings, to receive free Tobacco Treatment Specialist certification
- What should be the focus regarding connection to Behavioral Health providers?
  - **NRT information**
    - Educate on common misconceptions about certain medications
    - How to use it? What is it?
    - Using NRT to bridge gaps for clients in programs with tobacco-free policies. People drop out of treatment centers due to anti-tobacco use policies
    - Possibly invite an expert personnel to educate staff, providers, and patients on NRT
  - **Policy analysis of flavor bans**
    - Possibly a flier on the flavor ban update in their county - get BH providers information on policies quicker (including the implications for their clients)
    - Possibly invite an expert to provide updates (Someone in the Expert Panel will provide a contact person for Rede)
- Specific messaging for Behavioral Health providers that we can focus on?
  - The majority of the barriers to starting treatment is whether they can use nicotine or not

- Discuss with their patients about SUD treatment facilities (if they are not a part of one) and provide one-liners and/or success stories from clients in a SUD treatment facility
- Educating staff and providers on recognizing the paradigm shift in work culture of “smoking breaks”
- Discuss how to take people from their current state and move them towards quitting tobacco or other drugs
  - Applying those therapeutic behavioral change models of other treatment to tobacco
- Possibly offering rewards/incentives in cessation programs
- Billing- what can we work on?
  - With Medicaid there are over 100 diagnosis codes and listed in the order of importance - Tobacco related code is 5th from the top
  - Explore policy amounts for reimbursement to look into advocacy work to increase

**Next steps:**

Rede Group and OHA - Health Promotion and Chronic Disease Prevention (HPCDP) to work on deliverables for next 18 month contract. We will update the expert panel on that list and make sure to highlight where input is needed.