

» Nicotine Treatment & Recovery in Behavioral Health

Expert Panel Meeting

» July 13, 2022, 12:00pm-1:30pm

Attendees:

- Margaret
- Amy
- Kelly
- Nirmala
- Reina
- Shane
- Jenny
- Jim
- Sam
- Elizabeth Paschal - Rede Group
- Beck Wright - Rede Group
- Makinna Miles - Rede Group
- Sari Hargand - OHA
- Kaitlyn Lyle - OHA

Agenda Items:

- Welcome and Introductions
- CMHP assessment
- “Frontline workers” assessment
- Training
- Evaluation Planning
- Wrap-up

Notes (high-level summary):

CMHP Assessment:

- I. We’ve had 1 interview with a CMHP (Deschutes County, thanks Amy!) and we are looking for suggestions to get more CMHPs to participate. The interview takes about an hour to complete.
- II. Nirmala and Reina offered to help us connect with some folks, so Beck will reach out to them with more information.
 - A. If you have ideas to help us reach CMHPs for interviews, please let us know.

“Frontline workers” Assessment:

- I. We want to conduct focus groups/interviews with these providers to assess the acceptability of tobacco/nicotine use in SUD facilities and ways to address it.
 - A. We have been using the term “frontline workers” to describe providers in frontline facilities who work directly with patients. We will take the suggestion to use the term “direct service staff” instead, noting that this term includes Case Managers, MDs, PAs, and Peers (depending on the agency). Essentially, this is anyone who can bill for their services.
 - B. When we’re comparing “rural” vs “urban” facilities, we are talking about the location of the facility, not necessarily the population they serve.
- II. To reach these direct service staff, it seems like sending emails out to a listserv might not produce a great return.
 - A. Instead, we will look into trade associations and the registry on MHACBO.
 - B. There was also a suggestion to work with NARA to put out some communication regarding sacred tobacco practices vs. smoking tobacco.
- III. We want to invite this Expert Panel to help us write the interview guide.
 - A. If you’re interested in collaborating on this, please email us and let us know.
 - B. If you’re not able to help us write the guide, everyone will still have the opportunity to review it and provide feedback as a group.

Training:

- I. We are still working on putting together a training(s) in response to respondents who selected this as an incentive for the SUD survey.
 - A. Received feedback from 4 facilities about their needs
 - B. Meeting with OHA in August to explore options
 - C. If you have any ideas about who could provide training or what it would look like, please let us know. It sounds like Nirmala and Margaret may be sending some information our way. The group also provided recommendations for several groups and events that we have noted.
 - D. We will come back to the discussion of the training content

Evaluation Planning:

- I. We are starting the process of creating a 3-5 year evaluation plan to continue this work, and we need your help to focus the evaluation.
 - A. To help us brainstorm, we asked you: *What are your goals over the next 3-5 years for treating nicotine dependence among people with behavioral health conditions? How will we know we are making a difference in this work?* And asked you to respond on Google Jamboard.
- II. Here is a summary of those responses from jamboard and other comments that came up for the first question - *What are your goals over the next 3-5 years for treating nicotine dependence among people with behavioral health conditions?:*
 - A. OHA may have done training for providers on using the Quitline. If it’s possible to have that in the future, that would be great.
 1. Free, quick online tobacco cessation counseling training (with CME) On demand, 45 minutes
 - Audience: All members of the care team committed to supporting their patients to quit tobacco.
 - This short online course will improve your care team’s ability to help patients quit tobacco. The course focuses on Brief Tobacco Intervention and Motivational Interviewing techniques.

- When: The course is self-paced and takes approximately 45 minutes. The course can be started, paused and resumed later as needed.
 - CMEs: This training has been reviewed and is accepted for up to 1.0 prescribed credit from the American Academy of Family Physicians (AAFP). For other licensing boards that may not pre-approve continuing education credits (for example, the Board of Licensed Professional Counselors and Therapists), please submit the certificate of participation to your accrediting body.
 - Access the training: <https://learn.optum.com/redeem/or>
- B. Creating success stories; cheering on those who meet milestones; outdoor healing and celebration space
- C. Uplifting a cultural norm/belief that people with BH conditions can quit; staff feel like they can support their clients; quitting doesn't feel like a hard conversation
- D. Youth - prevention efforts, cessation groups, reduction of vape pen use
- E. Trainings for staff and management to feel confident in supporting clients
- III. Here is a summary of those responses from jamboard and other comments that came up for the second question - *How will we know we are making a difference in treating nicotine dependence among people with behavioral health issues?* :
- A. BH staff feel that tobacco/nicotine prevention and cessation work
1. Is important
 2. Is within the scope of their practice
 3. Is more achievable because they have more to offer patients than the Quitline.
- B. Increased screening rates
- C. More (robust? Frequent?) data tracking
- D. Alignment with Million Hearts best practices
1. Track cessation rates, and compare rates among facilities who are have more/less cessation strategies
- E. More providers can bill for services; billing is easier and clearer
- F. Client graduations; goals are met; fewer people are using commercial tobacco products
- G. Higher % of facilities are 100% tobacco/nicotine free campuses
- H. Clients referring other clients to resources
- I. Harm reduction

Wrap-up:

Action Items:

Item Responsible party Timeline

Task	Responsible party	Timeline
Remember to include the link to the collab space when we send out notes	Rede	Ongoing
Send document outlining the	Beck	<input checked="" type="checkbox"/> As soon as possible

information and time commitment for CMHP group interviews to Nirmala and Reina		
Organize comments on the jamboard and share back out	Rede	As soon as possible
Upon receiving info about Quitline training, send to EP	EP	<input checked="" type="checkbox"/> When Kaitlyn sends Included in notes above!

Attachments:

[7/13/2022 Presentation slide deck](#)

[Jamboard](#)

Meeting:

Our next meeting is Wednesday, August 10th, from 12:00pm - 1:30pm

For more information about this project or meeting, contact Beck Wright at the Rede Group (beck.wright@redegroup.co)