

January 11, 2023

» Oregon Nicotine Treatment and Recovery:

Expert Panel Meeting

A SOCIAL IMPACT COMPANY
»redegroup

» Introductions

- Name
- Pronouns (optional)
- Organization
- Icebreaker question (optional): One thing you are looking forward to in 2023



Project timeline

Policy research/literature reviews

Monthly expert panel meetings

**WE ARE
HERE**

**SPRING
'21**

- Convene Nicotine Treatment and Recovery expert panel
- Identify assessment questions

**FALL
'21**

- Begin policy research/literature reviews

**WINTER
'22**

- Survey SUD facilities
- Conduct key informant interviews with other states

**SPRING
'22**

- Collectively review and interpret SUD survey results
- Create a report with assessment results from SUD survey
- Begin CMHP assessment (through summer '22)

**SUMMER
'22**

- Partner with Oregon groups to focus scope and identify focus group participants/interviewees
- Prepare for SUD facility interviews and focus groups

**FALL
'22**

- Conduct interviews/provider focus groups with Oregon BH/SUD providers
- Develop preliminary analysis of Oregon BH/SUD provider interviews and focus groups. Collectively interpret results

**WINTER
'23**

- Develop recommendations for Oregon BH/SUD facilities
- Identify and coordinate nicotine dependence treatment training
- Develop CMHP mini report

**SPRING
'23**

- Create a report with assessment results from Oregon BH/SUD interviews and focus groups
- Develop and implement a plan for bespoke training and technical assistance for OHA staff or partners, including engaging state and national trainers

» NiTR Expert Panel Agenda: 1.11.2023

| Topic | How | Lead | Time |
|-----------------------------------|--|-----------|-------------|
| Welcome/ Introductions | Everyone shares their name, pronouns, and organization, optional icebreaker question | Elizabeth | 12:00-12:15 |
| Updates | Rede team share updates on current activities | Elizabeth | 12:15-12:20 |
| DSS Data Collection | EP provides feedback on further areas of focus for second round of data collection | Elizabeth | 12:20-12:40 |
| Onsite NRT project | Discuss status of onsite NRT project and review fact sheet for providers | Jill | 12:40-1:00 |
| Next steps for NiTR evaluation | Discuss hopes for the next year of work | Jill | 1:00-1:20 |
| Wrap Up | Review next steps | Jill | 1:20-1:30 |

DSS Data Collection

- Review of first round of data collection:
 - two focus groups (one urban, one rural) - Benton, Clackamas, Crook, Jackson, Multnomah and Lane Counties represented
 - thirteen total participants (peer mentors, counselors, leadership, “other”)
- Asked questions around feelings about commercial tobacco use, organizational tobacco use policies, policy impact, alignment of policy and practice, culture around tobacco/nicotine use, staff training, treatment protocols, barriers to treatment, and recommendations for decreasing use

DSS Data Collection

- Decided to do another round of data collection using asynchronous focus groups to reach saturation and potentially go more in depth on some topics
 - We heard that it was harder to treat nicotine dependence in outpatient facilities - why?
 - What recommendations do providers have to reduce barriers?
 - How is tobacco screening and treatment structured in their EHRs at the point of care?
 - How do we highlight the importance of cessation to BH providers?
 - Do providers have the time and resources to screen, treat, and follow up? May use some questions from the original SUD survey
- Is there anything missing?

Onsite NRT Project

- OHA has identified funding to move forward with an onsite NRT project
- Rede has been meeting with a group of TPEP coordinators to help with details
- NRT Fact Sheet

Continued Nicotine Treatment and Recovery in BH Work

- In this past year of work, what areas of the work have seemed most important?
- Looking forward: OHA has asked us to talk with you about priorities for next “year;” in this case, the year starts in May 2023 and goes through April 2024.

GOALS

Fewer people with BH conditions die from tobacco-related illnesses

People in treatment for SUD or BH conditions are supported in quitting nicotine and ongoing recovery from nicotine addiction

From July 2022 Expert Panel Meeting: Objectives

1. Recognition from administrators that treating nicotine addiction is important
2. Increase screening (everyone screened for nicotine and offered treatment)
3. Increase positive interactions with consumers (at multiple points in the scope of treatment) about quitting nicotine
4. Increase referrals including clients referring other clients
5. Create more flexibility for who can get reimbursement for providing treatment
6. Increase the number of commercial tobacco free facilities
7. Stay focused on youth prevention, especially around vaping

From July 2022 Expert Panel Meeting: Actions

1. Education for providers and administrators to change cultural beliefs around nicotine addiction and treatment
2. A plan and program to build awareness that people with BH conditions can quit/reduce and BH staff can support their clients to quit/reduce
3. Training and resources for providers to help them feel more ready to begin and continue treatment conversations
4. Support more tobacco free campuses
5. Treatment options for consumers in addition to the Quit Line
6. Programs for consumers in treatment that celebrate milestones and not just total victories
7. Integrating treatment at YRTs
8. Progress in payment structure to allow for more community-centered options

» Next steps

- Host training for DSS, LPHAs and OHA staff
- Collect more data from direct service staff
- Identify the scope of a 3-5 year evaluation plan
- Begin working with SUD programs to provide free NRT

