

»Oregon Nicotine Treatment

Expert Panel Meeting Notes

January 10, 2024

Attendees

Rede

Elizabeth

Audra

Expert Panel

Amanda Storm

Chaplain Rick Chilton Nicole at Milestones

Tanya at Milestone

Margaret McNamara

Cassy Schroeder OHA

Michelle Adams

Jenny Manzanares

Agenda

1. Identify focus of TTS trainings
2. Discuss how we should focus TA provision and modes of delivery
3. Talk about promoting the tool repository

Notes

1. Identifying the focus of TTS trainings:

- Populations of interest:
 - Peer support specialists are a good focus - there is a lot of interaction between peer support + clients
 - In Michelle's organization, there are some Peer Support Specialists trained to facilitate a group-quit program - also have QMHPs with training - gap for them is QMHAs - might be good to open it up and not have it be restricted to one group. Not sure if they would be interested, but nurses or psychiatric providers might be interested.
 - Outreach to detox centers/sectors? For instance, staff at mental health walk-in clinics might be interested (there's one in Clackamas County)
 - Behavioral health education teams

- A lot of LPHAs worked with CBOs through BM108 work. There is carry-over money - some new CBOs will be receiving this money in the future but we might not even know who/about those organizations (don't focus just on BM108 grantees - will want to do more outreach/figure out what other CBOs to reach out to when recruiting for training)
- There is a cultural shift - OHA had a TF initiative several years ago. People were together in rooms writing policy, etc. and inpatient facilities didn't allow smoking/vaping and it seems that the focus is on harm reduction to keep people engaged (for what purpose? People who continue smoking in early recovery go back to other substances more often).
 - Conflicting policies at residential womens' programs - tell Tanya that they do not allow smoking, but tell potential clients that they do.
- Other considerations:
 - Cassy asked everyone to share if they have ideas for nontraditional partners who would want to be involved in the TTS trainings

2. Where we should focus TA provision based on ORPRNs needs assessment:

- Training - everybody's always looking for more
- TF support groups, smoke-free smartphone apps and texting programs are all highly relevant but we don't know much about them - might be a good learning opportunity
- Amanda was doing a training recently about native-based cessation and learned about Nicotine Anonymous - the same kind of rules as there are for AA - would be very interesting to get a how to set up a nicotine anonymous so programs/people could develop their own - <https://www.nicotine-anonymous.org/>
- Capacity of staff is a huge barrier in treatment centers. A toolkit on whether there are evidence-based pieces that would be a part of a foundation for a support group - what are the best practice pieces so that if facilities can do *something* they know that what they're doing is best practice?

- Identifying non-traditional leaders of cessation groups/champions for this work - and information on how organizations can pull information about cessation work into existing meetings/programs/services
- Would be helpful to provide stratified evidence-based best practices - by age and gender. There are a lot of differences. Also mentioned norms in sports/communities and getting to know specific communities to effectively address tobacco use
- Opportunities for sharing stories/successes/barriers

3. Tool repository and promotion:

- Formatting - drop down lists great, make it so when click on links don't lose where the original list is
 - Be able to search by subject
 - Getting feedback on what is in there - "what are you looking for?"
 - Ask: What does Behavioral Health, LPHA, CBOs want out of this?
- Dissemination - Providing during trainings, listservs?
 - Use coalitions, associations, consortiums to help pass along the information
 - Aligning with other things happening - Trainings, conferences
 - OHA Behavioral Health
 - In dissemination explaining the benefits of the repository

Action Items

- Rede Group will be sending out the near-final CEU guide soon for your review
- Rede will start planning trainings - will either reach out with questions/information or discuss this in February
- Rede will continue working on the [tool repository](https://docs.google.com/document/d/1_QsLtOy50WJzSQ-XRkuMSNH6UYYbqU828OllgaqfD14/edit?usp=sharing); please feel free to add resources that are helpful here:
https://docs.google.com/document/d/1_QsLtOy50WJzSQ-XRkuMSNH6UYYbqU828OllgaqfD14/edit?usp=sharing