

»Oregon Nicotine Treatment and Recovery in Behavioral Health

Expert Panel Meeting Notes

1/11/2023

Attendees

Rede

Jill Hutson
Elizabeth Paschal

Expert Panel

Tanya
Amy
Reina
Shane
Jim
Thais
Sari
Ophelia
Margaret

Agenda Items:

- Welcome and introductions
- Updates on current activities
- Discuss further areas of focus for second round of direct service staff data collection
- Discuss status of onsite NRT project
- Prioritize hopes for the next year of work

Notes (High-level summary):

Updates on current work:

- Rede is preparing for second round of data collection with direct service staff
- OHA and Rede are in discussion about logistics for a project providing free NRT to providers
- Wrapping up Community Mental Health Program data collection report

Direct service staff data collection:

- Rede is preparing for a second round of data collection to reach saturation on themes from the first round of data collection (we want to be sure that, as we increase sample size, the same themes arise)
- Focus groups will be asynchronous using the program Collabito
- The expert panel has suggested including the following questions:
 - Have you been informed/provided historical education around the higher use of nicotine use in outpatient facilities?
 - What education have you received around nicotine use and/or vaping that you believe?
 - If people aren't educated, how can we do that together?
 - How do we figure out what else we need to know?

2023-2024 scope of work:

- Rede shared a list of objectives and actions to potentially focus on in the next fiscal year of work. Expert panel members identified the following as important areas of focus:
 - Education for providers and administrators to change cultural beliefs around nicotine addiction and treatment (*agreement*)
 - Detailed recs around educating clients. How do we make sure that clients see this stuff everywhere they go? Can we have materials to give clients?
 - Treatment options for consumers in addition to the Quitline (*agreement*)
 - A plan and program to build awareness that people with BH conditions can quit/reduce and BH staff can support their clients to quit/reduce (*agreement*)
 - Training and resources for providers to help them feel more ready to begin and continue treatment conversations
 - How can we make it so that providers are not so swamped with course loads that they can only deal with immediate crises? Tobacco is never going to make this list.
 - Programs for consumers in treatment that celebrate milestones and not just total victories - AND, what do we do if there is a setback? (*agreement*)
 - Support more tobacco free campuses (*agreement*)
 - With all of the new tobacco tax money, it would be nice to know what's going on in our county and tribes with that money. Is it working? Providers would like more information about what is happening with M108 funding.
 - Increasing peer support with individuals that have successfully quit. Sharing lived experience about struggles.

Links: [1.11.23 Presentation](#)